



POSITION DESCRIPTION

Strength & Stability Youth Program Instructor Part-Time (2 positions available)

About Inner Strength Education

Inner Strength Education provides evidence-based trauma-sensitive mindfulness and systems thinking training for high school students. Founded in 2014, Inner Strength has worked with 17,000 students and 1,800 teachers in Philadelphia public high schools. As we know, the youth of today are the stewards of tomorrow, what they learn during these formative years sets habits and a course for their future. The focus of Inner Strength's work is to provide teens with tools to be able to better understand and work with their emotions, their relationships with others, their responsibilities, and their sense of optimism around their future. Giving teens access to whole person wellness tools, strategies, and perspectives helps them realize their higher potentials and participate in life in a meaningful and positive way.

In partnership with the Pennsylvania Commission on Crime and Delinquency, Inner Strength is creating a new department that will work specifically with students and schools in Philadelphia that are most impacted by gun violence. This department will use the existing curriculum and will adapt and enhance the program to better serve students with these specific needs and experiences. This new division will be called **Strength & Stability** or S&S.

Strength & Stability Youth Program Instructor Part-Time (2 positions available)

Strength & Stability instructors will be responsible for trauma-sensitive mindfulness program instruction with teens, which may be delivered in school, OST (out-of-school time), or in summer programs utilizing the Inner Strength 12-lesson SEL mindfulness curriculum. Our primary focus is on in-school instruction. The instructors will be fully trained through the Inner Strength 80-hour Certificate Mindfulness Teacher Training program and will be placed specifically in those host schools or other venues with youth who have been impacted by gun violence.

Qualifications



- Bachelor's degree in education, social work, psychology, or a related field.
- A minimum of 3 years of teaching experience or youth mentorship. Able to teach effectively in face-to-face and online formats.
- Demonstrated knowledge of mindfulness, social-emotional learning principles, or other restorative practices.
- Has passion for and attunement with Inner Strength's mission, values, and approach to mindfulness education.
- Demonstrated knowledge of trauma informed principles and an understanding of the impact of gun violence on youth well-being.
- Demonstrated knowledge of DEI Principles including self-awareness in terms of understanding their own culture, identity, biases, prejudices, power, privilege, and stereotypes.
- Demonstrated understanding of high school procedures and an ability to appropriately communicate with school staff including teachers, advisors, climate managers, administrators, and counseling staff.
- Enjoys working with teens and is able to relate to and authentically connect with them.
- Excellent oral and written communications, and computer skills.

Compliance with School District of Philadelphia Protocols

- Experience or familiarity with processes and procedures of the School District of Philadelphia.
- Valid PA child abuse history clearance, fingerprinting, and PA State Police Criminal Record Check.
- Compliance with School District of Philadelphia COVID protocols to be able to work on-site, directly with program participants.

Responsibilities

- Provide quality instruction to youth in grades 9 - 12 using Inner Strength's proprietary curriculum.
- Prepare lessons according to Inner Strength's learning objectives.
- Monitor students' overall wellbeing and communicate with school counselors and other staff members when there are concerns or issues.
- Attend ongoing learning initiatives like workshops, lectures, conferences, and other events to expand knowledge and share Inner Strength's work.
- Disseminate and collect pre/post program survey data.

- This position will report to the Inner Strength Program Coordinator.
- Salary is commensurate with experience.



To apply for this position, please send your resume and a cover letter that describes what you feel you uniquely would bring to this role to Alyson Showell LaPorta, alyson@innerstrengtheducation.org